

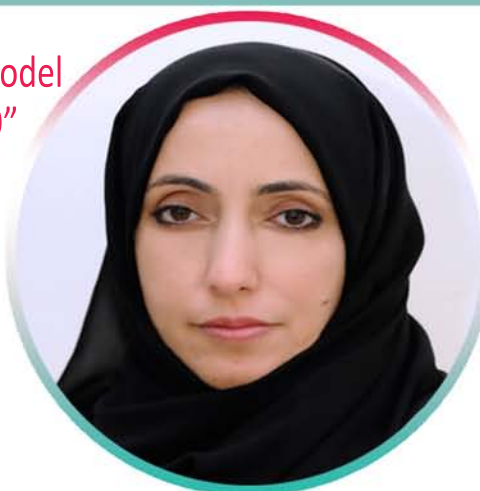


## Meeting Messages & Recommendations

### Dr. Nawal Al Kaabi Session

- Rapid antigen test for covid 19 will be used in emergency and at airports. Results will be validated with swab PCR results
- Covid 19 Vertical transmission is doubtful & more evidence is needed, it's more about contact transmission
- For covid 19 positive pregnant women; direct breastfeeding with precautions is more advisable and encouraged than EBM
- Unfortunately there might be another wave of covid 19 surge in the coming fall and winter
- If the nasopharyngeal swabs (covid 19) collected Properly the sensitivity will reach 70% (Specificity 100 %)
- The first case of covid 19 discovered in UAE was on 25/1/20
- The highest number of the patient per million was in Belgium >580; In UAE the percentage 20.08/ million
- Lockdown supposed to be opened gradually, but different strategies for some other countries who want to open completely (for herd "community" immunity)
- Patient with +ve result could be discharged home after the 1st -ve swap but 2nd swap should be obtained prior to discharge
- No specific treatment for the asymptomatic and mild cases
- Hydroxychloroquine still could be used in mild & moderate cases but Not as chemoprophylaxis after exposure to +ve cases

"UAE Experience as Leading Role Model in Middle East for Handling COVID-19"





## Prof. Berthold Koletzko Session

- Good early nutrition essential for optimal brain function
- Breast milk supports brain function ( protect and promote)
- Not a single nutrient , but balanced dietary supply before and during pregnancy, lactation , infancy and early childhood is required
- Cow's milk may inhibit iron absorption
- Avoid cow's milk as a drink in infancy if feasible
- Cause effect relationship between DHA supply (greater than or equal 0.3 Wt%) with formula and visual function at 1 year

“Daily Distinguished Nutrition  
Shaping the Successful Future”

